

social stories

*Carol Gray
is the mother of
social stories*

Social Stories are individualized stories explaining social situations and/or expected behavior. Social Stories have had great success with children on the Autism Spectrum, they are also effective for children without diagnoses.

Social Stories are text and graphics explaining a task, behavior, or event a child may encounter. Including real photographs of the environment are great, but if you do not have access to these, any related graphic will do.

The idea is to introduce the situation in detail. Being prepared with expected behaviors, potential outcomes, and new experiences help children to internalize what is going on.

The following pages include tips for creating a Social Story. We are currently working on our step by step tutorial of writing a Social Story. Follow us on social media to stay up to date with newest material. Please contact us with any questions, comments, or requests!

contact us for help!



tips for social stories

Describe how the child & others
should feel or act

Include EXACT phrases or scripts
for your child to say

WRITE IN PRESENT TENSE

Use pictures to support text

Describe EXACTLY
what the child
should do

KEEP THE
FORMAT
SIMPLE



tips for creating
a social story

Keep the
language
positive & simple

Answer "WH"
questions about the
event, behavior, or goal

BE DESCRIPTIVE YET SIMPLE

Break down the skill, behavior,
event into simple steps

Focus on one skill, behavior,
event at a time

2-3 sentences for each directive



tips for social stories

creating a social story checklist

	Focus on one skill, behavior, event at a time
	Include exact phrases or scripts for the child to say
	Breakdown the skill, behavior, event into simple steps
	Describe how the child & others should feel or act
	Answer "WH" questions about event, behavior, or goal
	Describe exactly what the child should do
	Keep the language simple & positive
	Use pictures to support text
	Be descriptive
	Keep the format simple
	Write in present tense
	Limit 2-5 sentences for each directive

